I have a friend name BANKS…

He is hurting right now…

He has had a lot to happen to him recently. My friend is very vulnerable right now. He is susceptible to harmful forces (similar to bacteria), which may not have his best interest at heart.

These harmful forces are predisposed to attack, unaware of the detriment or pain that they are triggering.

I know that TIME will heal his wounds, if he takes some type of action to address his ills.

Some injuries need to be gently covered. I call this the **Bandage of Acknowledgment**. To acknowledge an injury is to recognize that there is some sort of damage that needs to be delicately repaired.

Once the damaged has been identified, it can open the door for acceptance.

And acceptance will permit loved ones who care, to decide on the best way to attempt to care for the exposed wound.

The process for healing is not an easy task.

It takes TIME, PATIENCE, HOPE, BELIEF, ATTENTION, CONCERN, and above all LOVE to help aid in therapeutic developments.

It also requires courageous characters who will maintain their responsibility for the ongoing care.

Banks deserves the best care. He is representative of the many ailments that can happen to us in our lives.

His injury is symbolic to the infirmaries that occur whenever we are off balanced.

My hope is that he will heal and that he grows stronger and better from this incident that has him down right now. Best Wishes to BANKS.